

Black Belt Essay

By Taylor McQueenie

Today I am grading for my for my first degree black belt and passing this grading will mean the world to me as I have achieved something I have wanted to achieve for many years now. I joined Tae Kwon Do because a few of my friends joined up and I also wanted to improve my self confidence. Now I am grading for my black belt I am going to write about the experiences I have had through my time in Tae Kwon Do.

It has been almost five years since I joined Tae Kwon Do and it is amazing . I was six years old and I was so excited and thrilled to be there. My instructor Mr Belgacem told me that a seminar was coming up in a month. It was with Master D'arcy who was hosting the seminar in the Eddlewood Sports Barn. It was on for three whole hours and I was tired and sweaty but I loved every minute of it . My first grading came up and I passed it. After both these events I knew I would do Tae Kwon Do forever .

After a lot more training it was time for my first tournament. I was so excited. The girl I fought was taller than me and a higher belt . She got in a few points but I won the fight.I then had to fight a boy and he won which resulted in me getting second place . Although I would have liked first I was really happy and my family said I did brilliant .

For my fifth grading, I had to learn my pattern Yul-Kok and I had to learn the meanings of the patterns up to my grade. I found it quite easy to learn them but some of the words I couldn't say or understand so my friend Ross helped me and I thank him very much . I passed my grading and I was over the moon.

When I passed my red tag grading it was time for the yearly awards night . My friend Tammy got student of the year third place , I got second place and my friend Alannah got first . My family and friends were very proud of me .

My hardest grading was my black tag because it was my highest grading at the time. Also it was the day my dads surprise birthday party and my auntie Johanna died just a few weeks before her birthday which was on the day of my grading. It was a really hard grading and it lasted what seemed like forever but my friends helped me through it and we all passed .

I have competed in many tournaments but the most recent was the AIAAA Scotland nationals . On the first day we done continous sparring and I came third in my whole category. The next day I done a team patterns with my friends Ross and Alastair and we got second place even though we were only one points away from getting first ! Our team was called " The Eddlewood Allstars " . At the end of the day we had points sparring and I came second . I am really happy with my trophies from this tournament. My friends & family helped me 100% and I am really grateful.

You have come to the end of my first degree essay. I want to thank everyone in AIAAA Scotland especially Mr and Mrs Belgacem (my main instructors) for getting me this far . I hope I pass this grading . It would be a dream come true .